

Struggling with pornography?

Some excellent resources can be found on...

<http://just1clickaway.org>



Help – can be accessed from ‘Just one click away’ –help page.

Pornography blocking Software for you and your family

X3 Watch (<http://x3watch.com/>) : X3watch is a free accountability software program helping with online integrity. Whenever you access a website that contains inappropriate or pornographic material, the program will record the website, time, and date the site was visited. A person of your choice (an accountability partner) will receive an email containing all inappropriate sites you have visited that week.

Windows Family Safety (<http://windows.microsoft.com/en-us/windows/set-up-family-safety#set-up-family-safety=windows-7>): Family Safety provides a website and a free program that you install on the computers your kids use, so you can give them some independence but still keep tabs on their computer activities. Family Safety can also help keep your kids off websites you don't want them looking at, and only let them talk to the people you're okay with them talking to.

Further Help

Association of Biblical Counselors (ABC): ABC exists to encourage, equip, and empower people everywhere to live and counsel the Word, applying the Gospel to the whole experience of life.

Celebrate Recovery: Celebrate Recovery is a program designed to help those struggling with hurts, hang-ups, and habits by showing them the loving power of Jesus Christ through the recovery process. Find a group near you.

Purity Online: One of XXX Church's sites, created to fight online pornography and recover those addicted. The website offers online workshops, provides info and resources on how you can reach your world for Jesus and other useful info for Christians. *Many different languages.

XXX Church (<http://www.xxxchurch.com/>): XXXchurch, the largest site online and the most recognized voice on the planet on the issue of pornography, is your resource online to fight porn addiction. XXXchurch uses the web, social media and news media to tell a story often left untold and is committed to help men and women conquer sexual issues like pornography addiction and sex addiction and regain control of their lives.

Books

[Healing for the Holes in Our Souls](#)

by Sharon L. Patterson

This book balances practical questions about healing emotional and spiritual wounds with wonderful applications of biblical insight.

[Healing the Wounds of Sexual Addiction](#)

by Mark Laaser, MDiv, PhD

With today's rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects up to 10 percent of Christians. As devastating as any drug habit, it brings heartbreak and despair to those it entangles.

[False Intimacy](#)

by Harry Schaumberg

With frank honesty, False Intimacy offers realistic direction to those whose lives or ministries have been impacted by sexual addiction while examining the roots behind these behaviors. This compelling book examines different aspects of sexual addiction, including shame, purity, and forgiveness, while exploring one's true identity and God-given sexuality.

[On the Threshold of Hope](#)

by Diane Mandt Langberg

On the Threshold of Hope offers hope and healing to men and women who have been traumatized by sexual abuse. Dr. Langberg's insights and the quotations from many survivors assure readers that they are not alone and that Christ, the Redeemer, can heal their deep wounds. Through stories, Scripture, questions, and encouragement, Dr. Langberg walks with survivors on the road to healing through Christ's love and power.

[Out of the Shadows](#)

by Pat Carnes, PhD.

Sex is at the core of our identities. And when it becomes a compulsion, it can unravel our lives. *Out of the Shadows* is the premier work on this disorder, written by a pioneer in its treatment. Revised and updated to include the latest research-and to address the exploding phenomenon of cybersex addiction-this third edition identifies the danger signs, explains the dynamics, and describes the consequences of sexual addiction and dependency. With practical wisdom and spiritual clarity, it points the way out of the shadows of sexual compulsion and back into the light and fullness of life.

[Shattered Vows](#)

by Debra Laaser

If you have been devastated by your husband's sexual betrayal-whether an isolated incident or a long-term pattern of addiction - you need to know you don't have to live as a victim.

[Terrible Things Happened to Me](#)

by Tom Scales

Watch the destruction of a young boy's innocence and hear his pain at being powerless. Learn the events of childhood that leave him without tears, without feelings and deeply fearful of friendly or intimate relationships. See the intervention of God in his life and his transitions from victim to survivor and from survivor to victor. Appreciate how breaking his silence freed him from the control of predators and gave his life new direction and meaning. See the beauty of Faith as it nurtures the aging adult to a place of healing and subsequently to the path of ministry to other survivors.

[The Pornography Trap](#)

by Ralph Earle, PhD, and Mark Laaser, Mdiv., PhD.

Addressing the problem of pornography addiction, especially on the Internet, and other sexual addictions. This book was especially written for pastors and Christian leaders.

[The Wounded Heart](#)

by Dr. Dan B. Allender

Addresses issues of sexual abuse across social, religious, and gender lines. He provides a Biblically-based path for survivors to find healing and restoration through God's help, love, and mercy.

[When a Man You Love Was Abused](#)

by Cecil Murphey

For all women who know and love a survivor of sexual assault, best-selling author Cecil Murphey has penned an honest and forthright book about helping the man in your life survive—and thrive—despite past abuses.

[When Your Husband is Addicted to Pornography](#)

by Vickie Tiede

When your husband's addiction to pornography leaves you shattered, betrayed, and alone, where do you turn? Through daily readings and questions on six important topics: hope, surrender, trust, identity, brokenness, and forgiveness, you will grow in healing and hope.

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